

FOR IMMEDIATE RELEASE

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Cancer survivor J Reese Lasley, Author of The Abilities, is inspiring local Coloradoans to truly live at book signing events in March & April

Neighbors, family, friends, and colleagues have long aspired to achieve their dreams. The missing piece for most is that while people aspire to truly live, they struggle with defining what they really— really want. Of those who do know what they want, many don't know why they want it, how to get it, or even believe that they can have it. *The Abilities*, published in January 2018, reveals the secrets, step-by-step instructions, lessons and best practices needed to define what it is that they really want, and then how to achieve the qualities they desire in life.

In partnership with the BookBar Denver, Reese Lasley is hosting [the first of a series of book signings and motivational workshops](#) on March 10, 2018. During the session, Reese helps people realize their abilities within to achieve their dreams. He guides people to embrace their gifts through being *able*. ABLE to dream, ABLE to envision, Able to recognize their power, and ABLE to exercise their gifts. Through being ABLE and looking within, people can apply their authentic abilities to make their aspirations a reality. A second book signing event and workshop has been announced at the Tattered Cover LoDo on April 5, 2018.

Reese is an inspiration to those around him. Overcoming being raised in a very challenging environment that involved extraordinary hardships including cancer, addiction and numerous losses. Reese has found success in many ways and motivates others through his discovery of self. He paints a story of overcoming, and creates a path forward for many in the midst of the chaos. For numerous others, similar challenges are defeating — but they don't have to be. Reese shares “I learned what I needed to do to make a positive difference. I wanted happiness, prosperity and health. So, I set out to get what I wanted.”

While aspiring to fulfill his dream and share his message, Reese was diagnosed with cancer himself. Without wavering, Reese applied his learning to his own life and turned a major setback into proof of how *The Abilities* helps people realize they can truly live.

About J Reese Lasley (theabilities.com)

Reese is an authentic entrepreneur and a Christian author from Denver, Colorado. He guides people through the journey of success; He helps people use their abilities to achieve what they want and live life to the fullest. *The Abilities* was published in January 2018 in paperback, Audible, Kindle and eBook and is available for purchase online at TheAbilities.com, on Amazon, and local Colorado bookstores.